

# Beaches



## Montaña De Oro

Massive dunes, caves, bluffs, rocky coastline and magnificent coastal mountains. Many beaches, campsites, trails and horse trails.

**Directions:** From 101, take Los Osos Valley Road and stay on it until you reach Montaña De Oro State Park. Trails and beaches are along the road.

## Avila Beach

Family and dog friendly beach. Piers, local seafood restaurants, ice-cream stands.

**Directions:** From 101 take Avila Beach Drive exit and follow it until you reach the town of Avila, past San Luis Bay Golf Club. Turn left on 2nd St.

## Guadalupe Dunes

Stunning massive dunes, environmentally sensitive area, no dogs allowed.

**Directions:** Take Highway 1 South, past Pismo. In Guadalupe turn left on Main St until you reach the beach. Close by is also the Oso Flaco Natural Area, a wetland with boardwalk.

## Point Sal

Remote due to the lack of motorized access and proximity to military base. A 2m hike over the mountains, gives the visitor a breathtaking view onto the Pacific and beaches.

**Directions:** Take Highway 1 South, past Pismo and Guadalupe. 1m outside Guadalupe turn left on Brown Rd until the end. Follow trail over mountains to beach (2m moderate to strenuous).

## San Simeon

Wetlands, beach, camping in close proximity to Hearst Castle, 40m north of San Luis Obispo.

**Directions:** Take Highway 1 north, past Morro Bay and Cambria until you reach San Simeon State Park.

## Oceano Dunes

Family friendly. Extremely busy beach with camping and OHV (Off Highway Vehicles) Recreation.

**Directions:** Follow Highway 1 to Grover Beach. Turn west on Grand Ave.

## Morro Bay

Family friendly. Surfing. Close to Morro Bay Rock and Morro Bay Harbor and Marina.

**Directions:** Follow Highway 1 to Morro Bay. Turn off on Highway 41 exit and head west on Atascadero Road.

## Surf and beach shops

- \* Pancho's
- \* Esteem
- \* CCS (Central Coast Surf shop)
- \* Moondoggies
- \* San Luis Surf Company
- \* Wavelengths
- \* One Way Board shop
- \* Good Clean Fun